

Replacing Fear Bonds with Joy Bonds



I'm afraid...(me, yes, me)

Love
&
Fear

Are a choice...
2 Base motivators

Fear

“Fear” is found over 500 times in the Bible. “Fear not” is found 365 times.

- Isaiah 41:10, 13-14** 10Do not fear, for I am with you; Do not anxiously look about you, for I am your God. I will strengthen you, surely I will help you, Surely I will uphold you with My righteous right hand.’
13For I am the Lord your God, who upholds your right hand, Who says to you, ‘Do not fear, I will help you.’
14Do not fear, you worm Jacob, you men of Israel; I will help you,” declares the Lord, “and your Redeemer is the Holy One of Israel.
- Mark 5:35-36** 35While He was still speaking, they *came from the *house of* the synagogue official, saying, “Your daughter has died; why trouble the Teacher anymore?” 36But Jesus, overhearing what was being spoken, *said to the synagogue official, “**Do not be afraid any longer, only believe.**”
- Psalms 56:3-4,9-11** 3When I am afraid, I will put my trust in You. 4In God, whose word I praise, In God I have put my trust; I shall not be afraid. What can *mere* man do to me? 9Then my enemies will turn back in the day when I call; This I know, that God is for me. 10In God, *whose* word I praise, In the Lord, *whose* word I praise, 11In God I have put my trust, I shall not be afraid. What can man do to me?
- Matthew 28:19-20** 18And Jesus came up and spoke to them, saying, “**All authority has been given to Me in heaven and on earth.** 19**Go therefore and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit,** 20**teaching them to observe all that I commanded you; and lo, I am with you always, even to the end of the age.**”

Love

“Love” is mentioned over 500 times (variations by version).

I Corinthians 13:1-3 The Excellence of Love 1If I speak with the tongues of men and of angels, but do not have love, I have become a noisy gong or a clanging cymbal. 2If I have *the gift of* prophecy, and know all mysteries and all knowledge; and if I have all faith, so as to remove mountains, but do not have love, I am nothing. 3And if I give all my possessions to feed *the poor*, and if I surrender my body to be burned, but do not have love, it profits me nothing.

I John 4:16-21 16We have come to know and have believed the love which God has for us. God is love, and the one who abides in love abides in God, and God abides in him. 17By this, love is perfected with us, so that we may have confidence in the day of judgment; because as He is, so also are we in this world. 18There is no fear in love; but perfect love casts out fear, because fear involves punishment, and the one who fears is not perfected in love. 19We love, because He first loved us. 20If someone says, “I love God,” and hates his brother, he is a liar; for the one who does not love his brother whom he has seen, cannot love God whom he has not seen. 21And this commandment we have from Him, that the one who loves God should love his brother also.

Love
&
Fear

Are a choice...
2 Base motivators

→Fear→Lies→Vows→Strongholds
→Fear →Mistrust→Controlling Actions

Wounding leads to a choice/temptation
to:

OR: →Love→Trust→Loving Actions

So what?

Submit
Surrender
Yield

We do not have to live in fear any longer. There is a better way with love & joy, with Abba Almighty, Jesus Christ His son, and His Holy Spirit.

- How does this apply to joy bonds and fear bonds? Relational pain?
- Face your fears. What does this mean?
- SLOW 5 times a day for 30 days

We no longer have to be a slave to fear bonding
with others!

We get access to full joy bonds with others
through God's love!!